

Dolphin News December, 2023

Http://rcp.leeschools.net

Phone: (239) 432-2737 Fax: (239) 432-2749

Newsletter can also be viewed at the above URL



An "A" School for Fourteen Years and Counting!

Excellence for All...Whatever It Takes!

Dear Parents,

December promises to be jam-packed with fun and festivities! We will also be completing our Progress Monitoring Assessments for grades K-2 - see attached calendar. These PM assessments allow us to evaluate individual student growth and enable our teachers to adapt student intervention to fill any gaps in their learning.

One of the most important factors for students success is attendance. If a child misses a day of instruction, the lessons missed will not be able to be repeated at the same level of rigor. Please make sure that attendance and arriving on time is a priority for your child. Teachers begin instruction as soon as the morning news is over and students arriving late miss out on important directions. We appreciate your support and commitment in this area.

In January, we will be installing a system called 'Opengate' which is a weapons detection system. There will be three locations where the equipment will be set up: the front of the school, bus ramp and morning care. Students and all visitors will be required to walk through the detectors each morning. The Opengate system is another safety feature provided to keep students and staff safe at Rayma.

Have a great rest of the month!

Mrs. Sheckler

Happy Holidays!

Uniforms - please assist us by ensuring that your child is dressed appropriately in school uniform on regular school days. Our uniform policy is uniform pants, shorts, skorts and/or tunics in khaki or navy. Shirts must be collared and in a solid color. Leggings may be worn under uniform bottoms but not as a separate item of clothing.

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Tardy: 8:55 AM
Office Hours
8:00 AM - 4:00 PM
Child Care Hours
Morning Program
7:00 AM - 8:25 AM
Afternoon Program
3:10 PM - 6:00 PM
After Care Phone
(239) 432-2746

School Hours

8:55 AM - 3:10 PM

Arrival: 8:25 AM

F.A.S.T. Progress Monitoring (PM-2)	GRADE LEVEL	DATE
Reading	Kdg. 1st grade 2nd grade 3rd grade 4th grade 5th grade	12/11 & 12/12 12/11 12/12 1/16 1/17 1/18
Math	Kdg. 1st grade 2nd grade 3rd grade 4th grade 5th grade	12/13 & 12/14 12/13 12/14 1/23 1/24 1/25



FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.

#FORTIFYFL GETFORTIFYFL.COM



Policy Reminders

A reminder that early student sign-outs must be completed prior to 2:30 pm. Also, any transportation changes must be called in prior to 1:30 pm or written in your child's planner. Our dismissal policies are designed to ensure the safety of students as our dismissal process is quite intricate and any interruption in the process, late in the afternoon, causes a disruption to the process. Thank you for your attention to our dismissal policies.



Dates to Remember

December 1	Principal Party	
December 6-13	Holiday House	
December 21	PBS Party	
December 22	End of Quarter Two	
December 22	Early Dismissal - No Aftercare	
December 25- January 8	Winter Break-No School	
January 9	Students return to school	



Happy holidays to all of our wonderful Rayma families! If your child loves STEM and you are looking for more holiday engineering activities to conduct at home, please visit my STEM webpage by using the QR code. Mini STEAM camps are also available during winter break at Full STEAM Ahead! Mini Camps feature a rotating list of activities which provide a high level of engagement and higher level thinking, such as Smart Art, 3D Printing & Modeling, Animation, Science, Music Tech, Robotics & Coding, as well as Minecraft! So much fun!! If you are interested in signing your child up, you will find a link on my STEM webpage or you can contact Full STEAM Ahead at (239) 689-3602.

With appreciation,

Mrs. Few K-5 STEM Teacher



Odyssey of the Mind Reminder:

Odyssey of the Mind teams have started practices. A huge thank you to Mona Kapadia, Dawn Jelick and Alison Kelly who have volunteered to coach our teams.

The Gifted classes presented terrific projects on inventors. We all learned so much!

~Mrs. Lampman







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Music Notes with Mrs. Shore



It's time!! Our club participants will perform Elf Jr. on December 14, 2023 at 6:00 pm. Report time is 5:00. Participants: please limit your guests to 3.

Grades pre-k through 2 will watch the Elf Jr. performance in school on December 8 and grades 3-5 will watch it in school on December 12!

~Mrs. Hillary Shore



Coach's Corner with Coach Morgan



Nutrition Tip- Beware of Food Dyes

Food dyes are in so many foods on our shelves. Manufacturers use these to make the food look bright and appealing. Some food dyes have been linked to a host of physical and mental health issues, including:

 <u>ADD/ADHD</u>, allergies, immune disorders, mind-storms (which are issues with the brain's wiring or electrical activity), and even inflammatory bowel diseases

<u>Multiple studies published in journals such as Pediatrics, The Lancet, and Journal of Pediatrics demonstrate that some children with ADD/ADHD may be adversely affected by artificial food dyes.</u>

Other <u>research</u> indicates that artificial coloring and flavors, as well as the preservative sodium benzoate, can make some non-ADD/ADHD kids hyperactive.

So, read your labels! Food dyes are found in sweets, cereals, salad dressings, ketchups and more!

European regulators have taken a different approach, reevaluating artificial food dyes already on the market to verify safety and banning these colorants from foods if new studies suggested they had the potential to harm human health. Three dyes that are allowed in the United States carry warning labels in Europe about the potential to cause behavioral and neurological problems in children: Red No. 40, Yellow No. 5, and Yellow No. 6.

*"Everyday Health"-By <u>Lisa Rapaport</u>

Medically Reviewed by <u>Lynn Grieger, RDN, CDCES</u>
Reviewed: April 18, 2023

In Good Health, Coach Morgan



MISSION: The purpose of Rayma C. Page Elementary is to achieve excellence through setting high expectations and building a positive, safe environment that meets the needs of all learners.